



CAFE CARMEL

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Café Carmel begins June with the celebration of the egg, keeps the party going with plenty of sweet treats

Packed with protein and loaded with possibilities, the humble egg has been a staple of the human diet for millennia.

It even has its own day. June 3 is National Egg Day, an opportune time to celebrate this perfectly packaged food — and an excellent day to practice your egg puns.

Café Carmel chef-owner Sarah Cook reminds her customers all the egg is cracked up with a varied breakfast-brunch menu. From her decadent French toast to the loaded breakfast burrito and a variety of baked goods, many eggs-quisite choices highlight the wondrous egg. The most popular egg item on the Café Carmel is the eggs benedict. Popularized in New York City in the 1800s, by tradition this famous dish consists of two halves of an English muffin, each topped with ham or Canadian bacon, a poached egg, and rich, egg-based hollandaise sauce.



National Egg Month (June 3)

Café Carmel's eggs Benedict stays close to the original version, using thinly sliced ham and a layer of fresh greens such as arugula or pea shoots.

A UK transplant who has spent her life developing a passion for cooking, baking, and celebrations, Cook targets special June dates in her cozy cafe in Carmel-by-the-Sea:

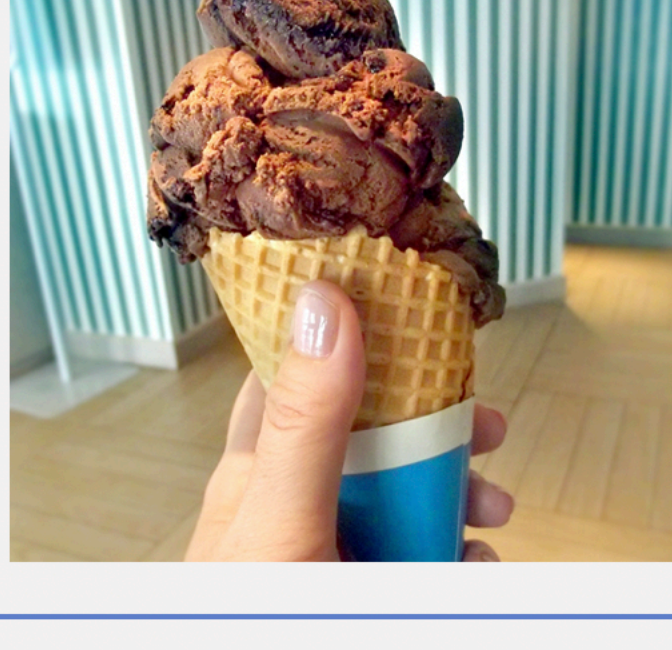


National Cheese Day (June 4)

On average, each American consumes roughly 40 pounds of cheese each year. Café Carmel transforms the traditional grilled cheese into a grilled panini, and diners love the rich, gooey treasure inside.

National Chocolate Ice Cream Day (June 7)

According to surveys, 96 percent of Americans eat ice cream, and the most popular flavor is chocolate, followed by vanilla and butter pecan. Café Carmel scoops Marianne's, the local creamery from Santa Cruz. Ice cream lovers can stop by the cafe from 2-5 p.m. on June 7 for a scoop of Marianne's chocolate ice cream and get a second scoop for free!



National Peanut Butter Cookie Day (June 12)

This cookie originated in the United States, its creation dating back to the 1910s. Café Carmel specializes in this treat, and on June 12 customers can buy six peanut butter cookies and get the seventh for free.

Cupcake Lover's Day (June 13)

The number 13 couldn't get any luckier! On this day, Café Carmel's 13th customer will receive a free cupcake. How sweet is that?



Now open for limited indoor dining, Café Carmel offers breakfast, lunch, and brunch, and takeout via its online ordering platform.

Café Carmel is on the north side of Ocean Avenue between Mission and San Carlos Streets visit www.cafecarmel.com.

[CHECK OUR MENU](#)

CALL US NOW (831) 624-3870

Cafe Carmel is open until 6:00 PM.
Stop by and enjoy a light meal al fresco or grab a treat to go



Cafe Carmel

We are on Ocean Avenue between Mission St and San Carlos St.
Carmel-By-The-Sea, CA 93921

Call: (831) 624-3870 | www.cafecarmel.com | Email: admin@cafecarmel.com

